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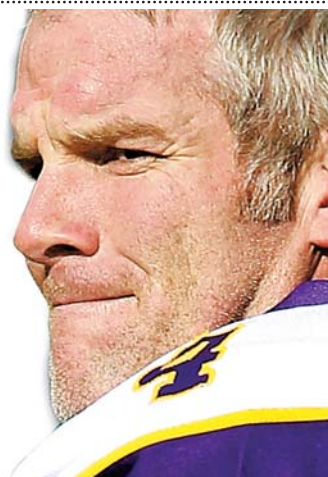
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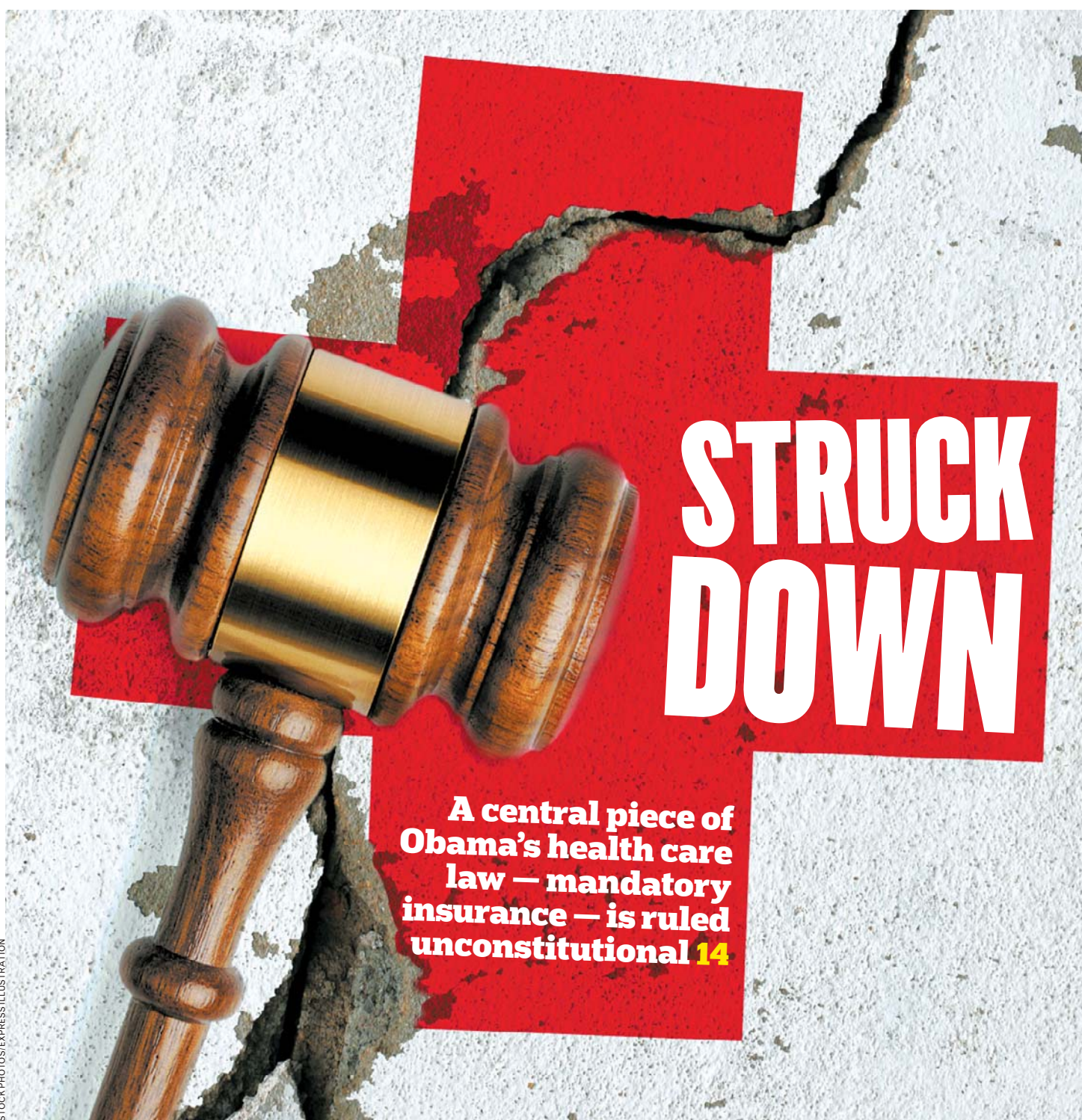
**Favre's streak of consecutive starts ends at 297 games 18**

## RADIO-ACTIVITY

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## GOLDEN AGE

**Jane Fonda** shows seniors how to sweat with new DVDs **19**



**A central piece of Obama's health care law — mandatory insurance — is ruled unconstitutional 14**

ISTOCK PHOTOS/EXPRESS ILLUSTRATION

am **32** | **19** pm

FOR EXTENDED FORECAST, SEE PAGE 41





eye openers

Critics Argue Over Artistic Merit of Newly White Wall

The Museum of Contemporary Art in L.A. commissioned Italian street artist Blu to paint a mural on one of its outdoor walls. But the museum painted over the work almost immediately, the L.A. Times reports. The depiction of dollar bills and coffins may have been considered too controversial, since the mural is near a memorial to troops and to a Veterans Administration clinic. (EXPRESS)

“For the most part, being a free store, we wouldn’t expect someone to come and rob us. ... But I guess, apparently, some people do.”

— BRANDON TYSON, OWNER OF A FREE STORE IN EDMONTON, ALBERTA, WHICH WAS ROBBED LAST WEEK DESPITE THE FACT THAT EVERYTHING IN IT IS FREE. (EXPRESS)

Lack of Thumbs Stymies Drifter’s Hitchhiking Effort

A wayward sea lion trying to scoot down a highway along the Oregon coast got an escort from state troopers. The animal apparently entered U.S. Highway 101 through a state park near Yachats and weaved in and out of traffic for about half a mile. Troopers and a local fire and rescue unit flanked the sea lion and guided it back into the Pacific Ocean. (AP)



The Big Picture



A BOTTLENOSE DOLPHIN AT THE Shinagawa Prince Hotel in Tokyo performs with an aquarium trainer dressed as Santa Claus in an annual holiday show on Monday. (YOSHIKAZU TSUNO/AFP/GETTY IMAGES)

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## In Brief

## MOBILE, ALA.

**Charges in Abuse of Kids Who Were Found Dead**

A woman was booked Monday into an Alabama jail on charges that she abused her two young stepchildren before her husband dumped their bodies in wooded areas in two states. Heather Leavell-Keaton, 22, was being held without bond, authorities said. (AP)

## NEW YORK

**Lawyer: Madoff Will Not Attend Son's Funeral**

Attorney Ira Sorkin said disgraced financier Bernard Madoff will not attend the funeral for Mark Madoff, his son who hanged himself Saturday. Madoff, 72, will conduct a service at the North Carolina prison where he is serving a 150-year term, Sorkin said Monday. (AP)

**\$5,000**

The amount that individuals seeking quicker aid for the Gulf oil spill can request immediately, Kenneth Feinberg, the administrator of the \$20 billion claims fund, said Monday. The check would be cut within two weeks, but recipients would be ineligible for a future settlement and cannot sue BP. Businesses can seek a \$25,000 such deal. (AP)

# With Hope for Healthier Youths

## Obama signs a bill on nutrition for kids backed by first lady

**Washington**

Michelle Obama can check off a top priority on her to-do list: The child nutrition bill was signed into law by her husband Monday morning, capping months of advocacy by the first lady as part of her efforts to reduce childhood obesity.

Flanked by Cabinet officials, top Democrats and schoolchildren, President Obama said that "across the country, too many kids don't have access to healthy meals."

"We need to make sure our kids have the energy and capacity to go toe to toe with their peers," he said, speaking at Harriet Tubman Elementary School in Northwest Washington.

The Healthy, Hunger-Free Kids Act will expand the number of children in school lunch programs by 115,000, increase the reimbursement rate to school districts for meals by six cents and replace the junk food available outside the cafe-



President Obama shakes Luis Avilar-Turcios's hand Monday after signing into law the Healthy, Hunger-Free Kids Act at Harriet Tubman Elementary in Washington.

**"Had I not been able to get this bill passed, I would be sleeping on the couch."**

— **PRESIDENT OBAMA**, JOKING ABOUT THE CONSEQUENCES IF A KIDS HEALTH MEASURE BACKED BY FIRST LADY MICHELLE OBAMA WAS NOT SIGNED INTO LAW ON MONDAY.

teria, such as in vending machines, with more healthful options.

The \$4.5 billion expansion of the school lunch program, which

feeds 16 million children, gained bipartisan support in the Senate, yet initially stalled in the House before passing mostly along

**Meanwhile ...**

**A Yale University study** published online Monday in Pediatrics has good news for parents: Kids like low-sugar cereals. The study gave sugary cereals to half of the study's 91 kids and low-sugar cereals to the rest. Both sets could add sugar and fruit. Kids in the low-sugar group added more sugar than the others, but also more fruit. Researchers say the study shows kids will eat healthier breakfasts. (AP)



party lines.

"All children should have the basic nutrition they need to learn and grow," Michelle Obama said Monday. "Our hopes for their future should drive every decision we make." **NIA-MALIKA HENDERSON** (THE WASHINGTON POST)



**Pizza Penance Ends:** Jack Abramoff's nearly six-month stint working at a kosher pizzeria has come to an end. The disgraced Washington lobbyist, 51, who is also an Orthodox Jew and wore a yarmulke to work, picked up his final paycheck from Tov Pizza in northwest Baltimore on Dec. 3, owner Ron Rosenbluth said Monday. That was his official release date from the U.S. Bureau of Prisons. He's now serving three years of probation. (AP)

## Winter Allergies?

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# Nation

## Tax Package Advances

**Bipartisan support will allow plan to go to final Senate vote**

**Washington**


President Obama's tax package easily cleared its first hurdle Monday, with the Senate voting overwhelmingly to move forward with the bill. But the real battle awaits in the House.

The final vote tally was determined after Express' deadline, because the vote was kept open for several hours to accommodate senators who were delayed by a Mid-western snowstorm. But with about two-thirds of the chamber voting, the measure had passed the 60-vote threshold Monday afternoon.

The procedural vote clears the way for a final vote Tuesday on the package, which Obama negotiated with Republicans and would prevent tax-rate increases from hitting millions of Americans starting Jan. 1.

Then, it will be up to the House to approve or reject the deal.

Senate Majority Leader Harry Reid, D-Nev., and his GOP coun-



**Sen. Bernie Sanders, I-Vt., led an eight-hour filibuster of the tax deal on Friday.**

terpart, Mitch McConnell of Kentucky, sponsored the bill.

The bill would provide a two-year reprieve from the Jan. 1 tax increases, reduce Social Security taxes in 2011 and extend benefits for the long-term unemployed. Its estimated cost, \$858 billion over two years, would be added to already huge federal deficits.


The main component of the compromise is the extension of the Bush tax cuts. While Democrats wanted to avoid renewing the tax

**70%**

The estimated portion of Americans who say they back the tax deal negotiated last week, according to a Washington Post-ABC News poll released Monday. Only 11 percent back the deal's four primary tax provisions individually: an across-the-board extension of Bush-era tax cuts, extra jobless benefits, a payroll tax holiday and a \$5 million threshold for inheritance taxes. Just 38 percent support even two components. But put all four together, and 69 percent of all Americans support the package. (TWP)











cuts on income above \$250,000 per family, Republicans wanted a permanent extension of all cuts.

Despite Monday's vote, there is still opposition in the Senate. Sen. Bernie Sanders, I-Vt., voted against the bill Monday. At least six other Democrats joined him: Sens. Jeff Bingaman of New Mexico, Russ Feingold of Wisconsin, Kirsten Gillibrand of New York, Sherrod Brown of Ohio, Patrick Leahy of Vermont and Mark Udall of Colorado. (THE WASHINGTON POST/AP)



**Save the Wolverine:** Wolverines should be added to the list of endangered and threatened species, but other species considered in greater danger will prevent the ferocious mammal from protection for now, the U.S. Fish and Wildlife Service said Monday. It will develop a plan to add the animal to the list as priorities allow. Scientists don't know exactly how many wolverines are in the contiguous U.S. but estimate there are 300 or fewer. (AP)

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# After Snowfall, Dig-Out Begins

Ind. rescuers retrieve about 70 motorists stranded on roads

## La Porte, Ind.

Authorities worked Monday to reach more than 70 motorists in snow-covered northwest Indiana who were trapped in their cars in biting temperatures.

LaPorte County sheriff's Deputy Andy Hynek said officials don't know exactly how many people were stranded, but some had been stuck for as long as 12 hours. Police said those rescued were found warm and safe in their vehicles.

The heavy snow in Indiana was part of a storm that has been crawling across the Midwest since Friday. At least 11 deaths in four states have been attributed to the storm, which dropped nearly 2 feet of snow



A woman waits for a bus in Mayfield Heights, Ohio, during the snowstorm Monday.

in parts of Minnesota and Wisconsin before moving into Michigan and Indiana. On Monday, it stretched into parts of Ohio, Pennsylvania and New York.

Northwest Indiana was hardest hit Monday, with up to 16 inches of lake effect snow in some areas.

Lake effect snow develops when cold air rushes over the warmer water in Lake Michigan.

Windchills were below zero in many places, and schools in Indiana, Michigan, Wisconsin and other states shut down because of the snow and cold. (AP)

# Clinton: Holbrooke 'Very Critical'

## Washington

Secretary of State Hillary Rodham Clinton praised an ailing Richard Holbrooke on Monday, as the veteran diplomat recovered from surgery to repair his aorta, the artery that moves blood from his heart.

Holbrooke, President Obama's special envoy to Afghanistan and Pakistan, underwent additional procedures Sunday at George Washington University Hospital.

"He is stable but still in very critical condition," Clinton said during a meeting in Canada.

Holbrooke, 69, was stricken Friday while at the State Department



Richard Holbrooke, 69, has served the U.S. government for nearly 50 years.

and was rushed to the hospital. He underwent more than 20 hours of surgery, and while doctors were said to have stabilized Holbrooke's condition, recovery is likely to be lengthy. H. JOSEF HEBERT (AP)

**16M** The number of packages FedEx expected to move on Monday, which would make it the busiest day in FedEx history. That's up 13 percent from 14.2 million on the busiest day last year, and double what the company handles on a normal day. UPS expects its busiest day to be Dec. 22, when it will move about 24 million packages. (AP)

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# Afghan Surge Momentum Stalls

One year after troop buildup, progress for U.S. still unclear

## Kabul, Afghanistan

One year after President Obama ordered a troop buildup to halt the Taliban's momentum, the war in Afghanistan has not broken decisively in favor of U.S.-led forces — at least not yet.

While NATO forces have routed insurgents from their strongholds in southern Afghanistan, the Taliban's strongest region, the militants have opened new fronts in the north and west, and have stepped up attacks in the east.

There has been little progress in dislodging the militants from their sanctuaries across the border in Pakistan. A corrupt and ineffectual Afghan government remains a fragile pillar of the U.S. war strategy. And many Afghans expect the



U.S. Marines wait for their flight Monday in the Helmand province of Afghanistan.

# 680

The number of international troops, including at least 472 U.S. troops, killed in 2010 during the Afghanistan surge, making it the deadliest year of the war. (AP)

Taliban to return to their southern strongholds when the winter snows melt.

"Will they come back? This will be answered in the spring," said Sadeek Dhottani, a 41-year-old farmer in Marjah. "They probably will, because when spring appears,

## Meanwhile ...

Several suspects have been arrested for a suicide attack that killed six U.S. troops when an explosives-packed minibus blew up at the entrance of a joint NATO-Afghan base in southern Afghanistan, officials said Monday. NATO spokesman Brig. Gen. Josef Blotz said that several arrests had been made Sunday. Taliban spokesman Qari Yousuf Ahmadi claimed responsibility for the blast, saying the insurgent group was retaliating for attacks on its fighters. (AP)

the Taliban always show up."

The White House's year-end report on the war, to be released this week, is expected to express confidence that Afghan forces can take the lead in securing the country by the end of 2014, but also raise troubling questions about Pakistan's efforts to root out militants. **DEB RIECHMANN (AP)**

## In Brief

### TEHRAN, IRAN

#### President Ahmadinejad Fires Foreign Minister

Iran's president abruptly fired foreign minister Manouchehr Mottaki on Monday and named the nuclear chief as acting top diplomat, the latest sign of a rift at the top levels of the Islamic theocracy as the country faces intense pressure from the West over its nuclear program. President Mahmoud Ahmadinejad gave no explanation for the change on his website. (AP)



Mottaki

### SEOUL, SOUTH KOREA

#### S. Korean Fishing Boat Sinks in Antarctic Ocean

South Korea says four sailors are dead, 18 are missing and 20 have been rescued from a fishing boat that sank in the Antarctic Ocean. The Foreign Ministry and coast guard officials say the 614-ton ship with 42 sailors aboard sank around 4:30 a.m. Monday about 1,400 miles south of New Zealand. Twenty sailors were rescued by another fishing boat. (AP)

### PARIS

#### Teen With Knives Held; 20 Preschoolers Freed

Masked French gendarmes detained a 17-year-old armed with two knives who took a class full of 20 preschoolers hostage Monday, releasing all the children safely after hours of tense negotiations that drew nationwide attention. President Nicolas Sarkozy welcomed the "happy ending" to the hostage-taking. (AP)

### LONDON

#### 'X Factor' Show Rivets Britain, Heads to U.S.

Look out, America. Britain's guilty pleasure, the cheesy "X Factor" TV show, is crossing the pond. The British experience suggests the headline-grabbing, rags-to-riches show may be a smash in the United States when it debuts next year, even if it has some strong similarities to the popular but waning "American Idol." (AP)

## Hamas Reaches Out in Effort to Gain Popularity

### Gaza City, Gaza Strip

Gaza's ruling Hamas movement has politicians sweeping streets to show community spirit; activists distributing chocolates and cards signed "from Hamas with love"; and police officers visiting homes and schools to soften the often harsh image of the security forces.

The Islamic militants — who mark the anniversary of their movement's 1987 founding on Tuesday — say the outreach is simply a way to reconnect with Gazans after more than three years in sole control of Gaza.

They deny they have been losing ground, though one poll suggests support for the group has been slashed in half since its 2006 election victory. **IBRAHIM BARZAK (AP)**

## Shiite Muslims Observe Muharram



**INDIAN SHIITE MUSLIM CHILDREN LASH THEMSELVES** with knives Monday during the Muharram procession in Jammu, India. Shiite Muslims beat their chests with bare hands and lash their shoulders with iron chains, rituals meant to show their grief over the death Imam Hussein, grandson of Islam's Prophet Muhammad. Known as Ashoura and observed by Shiites across the world, the occasion will culminate on Friday, the 10th day of the lunar Muslim month of Muharram.



## Final Frontier?



**WITH NASA** retiring its shuttle program next year, Russia's Soyuz spacecraft is now set to become the world's only lifeline to the International Space Station. The next Soyuz mission begins Thursday, when NASA astronaut Catherine Coleman, Russian cosmonaut Dmitry Kondratyev and the European Space Agency's Paolo Nespoli of Italy lift off in Kazakhstan. (AP)

# Stockholm Bomber Investigated

## Officials probe how Iraqi-born attacker became radicalized

### London

At his local mosque in England, Taimour Abdulwahab alarmed elders with his extreme views on Islam. On the Internet, he posted videos of Chechen fighters and abused Iraqi prisoners.

On Saturday, officials say, he died in a botched suicide bombing in Stockholm.

Authorities are now trying to learn when he was radicalized, whether he had accomplices, and

how a man whose radical views were displayed both online and in person escaped official notice.

Swedish prosecutor Tomas Lindstrand said Monday that authorities are certain the suicide bomber who terrified pre-Christmas shoppers was Abdulwahab, an Iraqi-born Swede who spent much of the past decade in Britain. He said Abdulwahab was completely unknown to Swedish security police before the blasts, which killed the bomber and injured two others.

Lindstrand said officials would look into why he was not on their radar, but pointed out "that he didn't live in Sweden, he lived in



### Al-Qaeda Ties?

**After a raid** by counterterrorism officers, police stood guard Monday outside the Luton, England, house that Taimour Abdulwahab, his wife and their three young children lived. Authorities are still investigating whether he acted alone or had ties to al-Qaeda or other groups. (AP)

the U.K.; he left Sweden maybe 10 years ago."

He also said Swedish security was not "a Stasi organization" engaged in analyzing people's Facebook pages. Sweden's Department of Justice said that a team of FBI bomb experts had been dispatched to the Nordic nation to help analyze the explosives.

A British official who spoke to AP on condition of anonymity because of the sensitivity of his work said all threats stemming from controversial cartoons of the Prophet Muhammad — cited by the suspect as a motive for the attack — were being closely investigated.

JILL LAWLESS AND MALIN RISING (AP)

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(The Flu)**

Doctors at the National Institutes of Allergy and Infectious Diseases at the National Institutes of Health in the Department of Health and Human Services are conducting a research study that will look at aspects of influenza infection (the Flu). We are seeking male and female volunteers older than 2 years of age for this research study.

In order to participate, volunteers need to be suspected of having influenza or have a positive clinical diagnostic test for influenza within the past 2 months and must be able to safely undergo blood draws as well as nasal washes.

The date you were diagnosed with influenza (the Flu) will determine your eligibility for the study. There will be no cost to you, and volunteers will be compensated for their participation.

Study visits will occur at the NIH Clinical Center. You will be asked questions, have a physical exam, and have nasal secretions and/or blood collected. Depending on when you were diagnosed with influenza (the Flu), we may ask you to come in for 2-7 visits over a 1-month period.

**For more information, contact:**  
**Rani Athota, MPH (301) 594-0803 or**  
**Susan Reed, BA, CRC (301) 451-3354**



**World**



The control room is seen inside reactor No. 4 at the Chernobyl nuclear power plant.

**Tourist Hot Spot  
For '11: Chernobyl?**

Ukraine touts plans to open sealed zone of nuclear disaster

**Kiev, Ukraine**

Want a better understanding of the world's worst nuclear disaster? Come tour the Chernobyl nuclear power plant.

Beginning next year, Ukraine plans to open up the sealed zone around the Chernobyl reactor to visitors who wish to learn more about the tragedy that occurred nearly a quarter of a century ago, the Emergency Situations Ministry said Monday.

Today, about 2,500 employees maintain the remains of the now-closed nuclear plant, working in shifts to minimize their exposure to radiation. Several hundred evacuees have returned to their villages in the area despite a government ban.

**Backstory**

**Chernobyl's reactor No. 4** exploded on April 26, 1986, spewing radiation over a large swath of northern Europe. Hundreds of thousands of people were resettled from areas contaminated by radiation fallout in Ukraine, Belarus and Russia. Related health problems still persist. (AP)

Emergency Situations Ministry spokeswoman Yulia Yershova said experts are developing travel routes that will be both medically safe and informative for Ukrainians and foreign visitors. She did not give an exact date when the tours were expected to begin.

"There are things to see there if one follows the official route and doesn't stray away from the group," Yershova told The Associated Press. "Though it is a very sad story." **MARIA DANILOVA (AP)**



**Last Play for 'Last Christmas'?**  
Bulgarians have named Wham's "Last Christmas" the most annoying Christmas song ever. An advertising agency says nearly 19 percent of the 28,110 votes cast in an online poll named the song. It was recorded in 1984 by the British duo Wham, made up of George Michael and Andrew Ridgeley. Mariah Carey's "All I Want for Christmas" placed second among the ten featured songs, with more than 15 percent of the vote. (AP)



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# Why Are We Waiting?

**Q** Can you explain to me why Metro runs so many Yellow Line trains that terminate at Mt. Vernon Square during rush hour? Recently, as many as four out of every five trains at Gallery Place have been Yellow, with a Green Line train rarely coming through. What gives? This makes for a long wait for anyone living north of Mt. Vernon Square.

I think it depends on what time you ride, though, clearly, you're talking about rush hour, since the Yellow Line trains are terminating at Mt. Vernon Square. I hear similar complaints from time to time about Blue Line versus Orange Line service. The trains get more and more off schedule as the rush hour develops. Gaps between trains narrow or widen in different sectors. That messes with the sequence.

**Q** Why is it that whenever there is a problem on the rails, the conductor never says anything, or if he or she does say something, it's incorrect 90 percent of the time? Do the conductors not get any information while they're operating the trains, or do they get info and just choose not to report it?

**Dr. Gridlock** offers commuter counseling online at [washingtonpost.com](http://washingtonpost.com)

The train operators are supposed to announce the reason for a stop between stations. That's why many riders hear the announcement that the train is holding because there's a train directly in front. (See previous answer.) If the operator isn't making an announcement, the operator isn't following the rules.

**Q** Is there any word about the cause of the track fire on the Orange and Blue lines at Metro Center Monday morning? Aside from the half-hour delay that I experienced as a result, I am growing increasingly concerned about safety on Metrorail (or lack thereof) and will probably start driving into D.C. from Vienna soon.

Yes, it was an electrical fire involving a light fixture and some debris. Also, late in the rush hour, there was no Blue or Orange Line service between Foggy Bottom and Federal Triangle because of a switch malfunction. You may feel more in control when you drive, but there's no evidence that driving is safer than taking the train. We tend to highlight problems on Metro — we certainly highlight train, bus or escalator accidents. One reason is that they're unusual and therefore newsworthy. I think I wouldn't quit riding just because of an electrical fire. Metro has been having problems with these little fires for years.

## METRO PULSE

**Who's the hardest person on your gift list to shop for?**



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**Whitney Warrick**, FOREST GLEN

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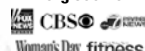
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## In Brief



Plans to sell Northwest D.C.'s Politics and Prose were announced in June.

## WASHINGTON

## Politics and Prose Looks For New Ownership

The independent Washington bookstore Politics and Prose is looking for a new owner. Current owner Barbara Meade says many offers came in after the June announcement of plans to sell the iconic store. Among the serious bidders is a consortium of investors that includes outgoing editor of the New Republic Franklin Foer, XM Satellite radio founder Hugh Panero, and Jeffrey Goldberg, a correspondent for the Atlantic. (AP)

## ALEXANDRIA

## Alexandria Plans Face-lift For Area Waterfront

Alexandria officials are getting closer to final plans for a face-lift to the area's waterfront. A series of public hearings on the redevelopment plans ended Monday evening with a meeting at the Mary M. Gates Learning Center to discuss accessibility and parking. Current draft plans include a pathway and park redevelopment, and a 200-foot pier. A January release of updated plans is expected, and community meetings and hearings will follow. (AP)

## LINTHICUM, MD.

## BWI Airport Announces Record October Traffic

BWI Airport officials say nearly 2 million passengers used the airport in October, a record for the month. The airport reported Monday that 1,994,905 passengers traveled through airport in October, a 7.2 percent increase over October 2009. Officials say October traffic set a monthly record for the sixth-straight month, with July being the busiest month in the airport's history. (AP)

# Report: Deal Likely in UVa. Case

## Prosecutors have no plan to seek death penalty for Huguely

### Charlottesville, Va.

There is a "growing consensus" that the murder charges against George Huguely V — the former Virginia men's lacrosse player charged with killing Yeardley Love, his former girlfriend and a member of the school's women's lacrosse team — will be settled in a plea agreement prior to trial, according to reports.

Prosecutors do not plan to seek the death penalty against Hugue-

ly, 23, who is charged with killing Love at her off-campus Charlottesville apartment in May, according to a report in The Washington Examiner.

The Examiner's report cited Charlottesville police spokesman Gary Pleasants and other unnamed sources. Huguely's next court appearance is scheduled for Jan. 21.

Huguely has been charged with first-degree murder, the penalty for which can range from 20 years to life in prison.

"Capital murder is not even a consideration right now," Pleasants said, according to the Examiner.

Huguely has admitted to police that he fought with Love, 22, at



Huguely

Love

her apartment May 3, shaking her as her head repeatedly slammed against a wall. He also told police he stole Love's computer and later tossed it in a nearby trash bin. Police arrested Huguely hours after the confrontation.

Huguely and Love had a contentious, on-again, off-again relationship that included several

instances of Huguely physically accosting Love.

In the days leading up to Love's death, the two had exchanged several e-mails, according to search warrant returns, some of which contained threats Huguely made to Love.

Court documents released last week state that police intend to search Huguely's cell phone for e-mails and text messages that may have been sent to Love in the days leading up to her death. Huguely has remained in a single-inmate cell at the Albermarle-Charlottesville Regional Jail for the past seven months. STEVE YANDA (THE WASHINGTON POST)

# Signs of Love at Deaf Speed Dating Event

## Washington

The ground rules at a Gallaudet University speed-dating night were simple: Five minutes with each partner. When time is up, everyone switches seats. Keep the conversations G-rated. And no talking allowed. The last rule was the easiest to follow, since Gallaudet is one of the few colleges in the world where American Sign Language dominates all nonwritten communication.

"Sooo ..." signed organizer Aneesah Silvels, a graduate student, who used exaggerated arm movements for emphasis. "It is time to start."

With a flurry of hand movements, about two dozen speed daters started to get to know one another on a recent Friday night in the campus student center.



Aneesah Silvels, standing, monitors participants at the Gallaudet speed dating event.

Gallaudet-style speed dating was part of a class project for Silvels, who is studying deaf education. Each student in one of her graduate courses had to come up with a project that would explain Gallau-

det to the Washington community or bring together different groups on campus.

"I have friends who have done speed dating and really liked it," said Silvels, who is in her late 20s.

"I thought this would be really fun because it's very adult-like."

She posted fliers around campus, e-mailed students and promoted the event on Facebook, telling students to "Be there or be single!"

Felix and a group of his friends were complaining about the campus dating scene when they spotted one of the fliers. "We just started cracking up," he said. "But we decided, let's be positive."

To complicate the social scene even more, the university has a growing number of hearing students — such as Silvels — who don't fit into either social group.

"Gallaudet is the world they always wanted. The teachers sign, all of the workers sign. Gallaudet is their heaven. ... They don't want to destroy that culture," Silvels said. JENNA JOHNSON (THE WASHINGTON POST)

## The Lotteries

### Monday, Dec. 13

#### Maryland

Mid-day Pick 3 ..... 7-2-2  
Evening Pick 3 (Sun.) ..... 3-6-0  
Mid-day Pick 4 ..... 9-6-5-6  
Evening Pick 4 (Sun.) ..... 0-0-7-5  
Match 5 (Sun.) ..... 10-12-18-19-35 (31)

#### District

Mid-day Lucky Numbers ..... 6-6-0  
Evening Lucky Numbers (Sun.) ..... 5-0-9  
Mid-day DC 4 ..... 7-2-5-7  
Evening DC 4 (Sun.) ..... 6-4-5-9  
Mid-day D.C. Five ..... 8-0-4-2-2  
Evening D.C. Five (Sun.) ..... 7-2-8-6-6

#### Virginia

Mid-day Pick 3 ..... 1-9-1  
Evening Pick 3 (Sun.) ..... 0-5-1  
Mid-day Pick 4 ..... 3-4-6-3  
Evening Pick 4 (Sun.) ..... 7-6-8-2  
Mid-day Cash 5 (Sun.) ..... 2-6-16-25-31  
Evening Cash 5 (Sun.) ..... 10-11-19-26-33

All winning numbers are official only when validated at a claims location. Drawings that occur after Express' deadline will be published two days later.



Cover Story

# Defeat for ‘Obamacare’

Federal judge rules key elements of divisive health care law are unconstitutional

Washington

President Obama’s historic health care overhaul was thrown into uncertainty Monday by a federal judge’s decision to declare its central provision unconstitutional. Almost certainly headed to the Supreme Court, the issue hands ammunition to Republican opponents as they try to repeal the far-reaching law in the new Congress.

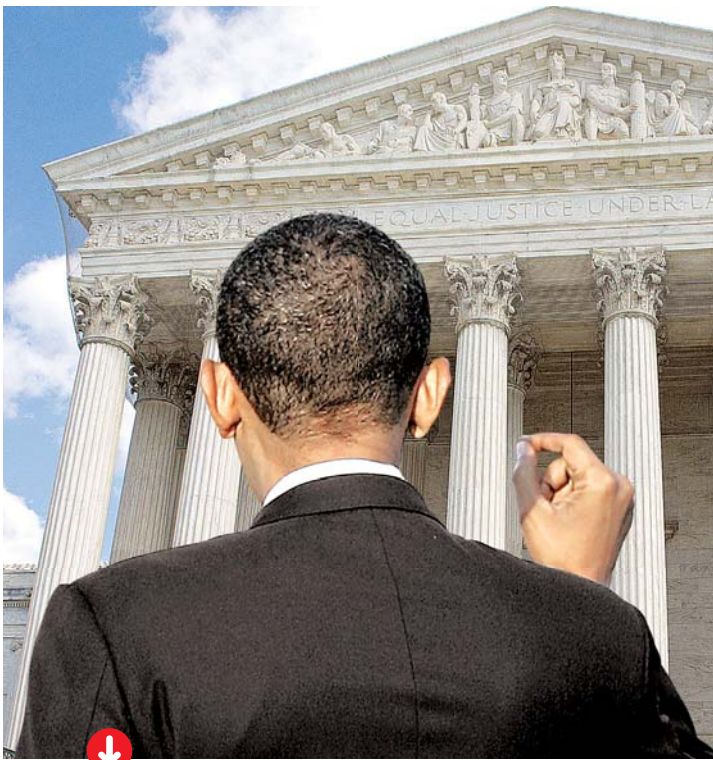
The ruling by U.S. District Judge Henry E. Hudson marked the first time that portions of the new law have been struck down. The decision follows earlier rulings by Democratic appointees in favor of the law.

Hudson declared that the law’s central requirement for nearly all Americans to carry insurance is unconstitutional, well beyond Congress’ power under the Constitution’s Commerce Clause or other provisions. He denied requests to strike down the law in its entirety or block it from being implemented while his ruling is appealed by the administration.

“An individual’s personal decision to purchase — or decline to purchase — health insurance from a private provider is beyond the historical reach of the Commerce Clause,” said Hudson.

The case may likely end up in the Supreme Court, but in the short term, the latest court ruling hands potent ammunition to GOP opponents as they prepare to assert control in the new Congress in January with promises to repeal the law. Obama has promised to veto any repeal legislation and appears likely to be able to prevail since Democrats retain control of the Senate. Republicans also have discussed trying to starve the law of funding.

Hudson’s ruling may create uncertainty around the administration’s efforts to implement the land-



**What’s Next?** Despite its loss on Monday, the White House predicted it would prevail in the Supreme Court, although it may be a year or two before the health care law gets there. The next step for the Virginia lawsuit is the 4th U.S. Circuit Court of Appeals in Richmond, Va., where Democrat-appointed judges hold a majority. “The bill will continue to have its day in court,” said White House press secretary Robert Gibbs after Monday’s ruling. “We’re confident that it is constitutional.” (AP)

**“Republicans have made a pledge to America to repeal this job-killing health care law, and that’s what we’re going to do.”**



— REP. JOHN BOEHNER, REACTING TO THE NEWS THAT PART OF PRESIDENT OBAMA’S HEALTH CARE REFORM WAS TOSSED IN COURT.

mark legislation extending health coverage to 32 million uninsured Americans. And it can only increase the public’s skepticism, which has not significantly receded in the months since the law’s enactment — defying Obama’s prediction that it would become more popular as the public got to know it.

Obama aides said implementation would not be affected, noting that the individual insurance requirement and other major portions of the legislation don’t take effect until 2014.

Underscoring the potential for

The Judge

U.S. District Judge Henry E. Hudson is the first federal judge to strike down a key part of the health care law. Here’s his history.

- ▶ Hudson is a 2002 appointee by then-President George W. Bush.
- ▶ He owns between \$15,000 and \$50,000 of Campaign Solutions Inc., a consulting firm that worked against the health care bill, according to the Huffington Post.
- ▶ The judge sentenced Michael Vick to prison for his role in a Virginia dogfighting ring. (EXPRESS)

Hudson’s ruling to become a political cudgel for the new Republican House majority, incoming House Speaker John Boehner, R-Ohio, quickly cautioned states against “investing time and resources in Obamacare’s implementation now that its central mandate has been ruled unconstitutional.”

White House officials sought to downplay the significance of the ruling, noting that two other federal judges have upheld the law in recent months, and that other lawsuits are going forward. The lawsuit gained a high profile because it was pursued by Virginia’s outspoken attorney general, Ken Cuccinelli. The two earlier cases decided in favor of the administration were brought by little-known legal entities.

In his ruling, Hudson largely agreed with Cuccinelli’s argument that Congress exceeded its authority and dismissed the Justice Department’s argument that the requirement would come under the definition of regulating interstate commerce, a power given to Congress by the Constitution. The mandate for people to buy insurance “is neither within the letter nor the spirit of the Constitution,” he said.

ERICA WERNER, MARK SHERMAN (AP)

The Opposition



Split Opinions

Not five minutes after President Obama signed health care legislation into law in March, staff members for Virginia Attorney General Ken Cuccinelli made their way to Richmond’s federal courthouse to sue to stop the measure.

Thirteen other state attorneys general sought to stop the health care law that day, jointly suing in Florida. But Cuccinelli, a Republican, went his own way, arguing that a Virginia law that prohibits the government from requiring people to buy health insurance creates an “immediate, actual controversy” between state and federal law that gives the state unique standing on which to sue.

The move was classic Cuccinelli — a bold effort to use any means at his disposal to stop what he sees as a federal government gone wild.

To his supporters, Cuccinelli is the necessary antidote to Obama, determined to put government back where he thinks it belongs and follow the letter of the law, without regard to political consequences. But his detractors are convinced that he is an ideologue using his office to further a political agenda and that he is interested only in representing those who share his views. (TWP)





NOW  
**42-45**

The Redskins' record at FedEx Field since 2000. Here, two fans wait for Sunday's game against Tampa Bay to begin.

# Unfriendly Confines

RICKY CARLTON/THE WASHINGTON POST

## Redskins Notes



Graham Gano will remain the Redskins' placekicker if he is healthy this week.

### Shanahan Confident In Gano Despite Misses

Redskins coach Mike Shanahan said he still has "a lot of confidence" in Graham Gano, who missed from 34 and 24 yards on Sunday and leads the NFL in missed field goals with 10. The Redskins will audition kickers on Tuesday, but the coach said that was because Gano suffered a rib injury in the scramble for the ball during the flubbed extra point. "If he's full speed, he'll be our kicker this week," Shanahan said. (AP)

### Landry Goes on the IR

Redskins safety LaRon Landry is done for the year with a left Achilles' tendon injury, spoiling a promising start that had coaches touting him as a possible league defensive MVP. While the hard-hitting safety was placed in injured reserve, coach Mike Shanahan said he expects cornerback Carlos Rogers to return this week after missing three of the past four games. (AP)

**"Going from four wins to a chance to win a Super Bowl takes some time. It doesn't happen overnight."**

— MIKE SHANAHAN, SAYING HE ISN'T SURPRISED BY THE AMOUNT OF TIME THAT IT IS TAKING TO RETURN THE REDSKINS TO GLORY. THE TEAM IS 5-8 RIGHT NOW.



**"I would think if you're a die-hard Redskins fan, you pay your money to get those seats real close to the field, that you would be in it with us."**

— VETERAN REDSKINS DEFENSIVE LINEMAN VONNIE HOLLIDAY.

The loss to the Buccaneers was the Redskins' fourth-straight at home, dropping them to 2-5 at FedEx Field this season. It's not the first time the team has gone south at home. Of course, Washington hasn't done much winning at home or away in recent years. The road record is 33-53 since 2000. That, players say, is what keeps many fans angry, silent or absent.

As fullback Mike Sellers put it: "This is our home crowd. They're going to be hard on you when you lose; they're [going] to be great when you win. We've got to win. It's not the stadium. It's not the fans. It's just we've got to win."

JOSEPH WHITE (AP)



**37**

The percent of the time an opponent beat the Redskins when they played at RFK Stadium. Right, fans at the last home game played there in 1996.

JOHN MCCONNELL/TWP

91,000 fans, but this is one case in which size isn't everything.

FedEx Field is nowhere near as loud or raucous as RFK Stadium, but the rickety old home of the Redskins reverberated the noise from a mere 55,000 fans. The new place makes a lot of money but not much else. The architecture is such that the crowd noise goes straight up into the sky. The club seats and luxury boxes sap energy from the place — many of those well-heeled fans either don't show up or don't show much passion when they do.

For that matter, the stadium

seems too big for the fan base. The team brags about a streak of 357 consecutive sellouts, but a stunning number of those tickets find their way into the hands of fans wearing the wrong-colored jerseys.

Many seats simply stay empty, as seen during Sunday's cold, wet game against Tampa that was played at a half-filled FedEx Field. The only team that genuinely packs the stadium to the brim is Virginia Tech, whose fans showed what home-field advantage sounds like when the Hokies played games at FedEx Field in 2004 and this year.

The only thing more sparse than fans are victories for the Redskins at FedEx Field

## The Redskins

The Redskins are a storied franchise that plays in the NFL's second largest stadium. They have — at least by the league's definition of a sellout — filled their stadium for every game since the 1960s.

Yet they have a lousy home record, and their home games can feel like road games. There are many factors — the stadium's size and location, fickle and negative fans, the thousands of visiting fans who always seem to get good seats, the team's overall poor play throughout the decade — but the sobering fact is that only the Detroit Lions have a worse home mark among NFC teams than Washington since 2000. "That's not good company," defensive lineman Vonnie Holliday said.

Cornerback Carlos Rogers caught some flak late last month when he criticized fans who turn on the team quickly when things go wrong, saying: "Sometimes I think when you're at home, you feel you're away." Yet he's not the only person in burgundy and gold to express that feeling. FedEx Field might hold more than



Sports

# Jets Coach Apologizes for Trip

Assistant Alosi says he ‘wasn’t thinking’ in sideline incident

Pro Football

The New York Jets trainer who tripped a Miami Dolphins player on the sideline during a game Sunday appeared to hold back tears as he apologized for his “inexcusable and irresponsible” actions.

Sal Alosi, the Jets’ strength and conditioning coach, said at a news conference at the practice facility Monday that he had not yet received any discipline from the team or the

NFL, nor had he personally spoken to the league.

He also said he had not offered to resign.

“I let everybody down yesterday with my actions,” Alosi said. “My actions were inexcusable and irresponsible.”

When asked whether he was concerned about his job security, Alosi reiterated that he will accept whatever discipline is determined. “It’s on me,” a contrite Alosi said.

The league is reviewing the incident in which Alosi stuck his left knee out and tripped Dolphins cornerback Nolan Carroll, who was covering a punt in the third quar-



Miami cornerback Nolan Carroll was allegedly tripped by the Jets’ Sal Alosi.

.....

ter of Miami’s 10-6 win.

“I wasn’t thinking,” Alosi said. “If I could go back and do it again,

I sure as heck would take a step back. It was just a situation where I wasn’t thinking.”

Carroll, a rookie, fell to the turf and lay there for several minutes grabbing one of his legs before walking off. He returned in the fourth quarter.

Carroll twice broke his right leg while playing: once ending his senior season in high school and again in his senior season at Maryland.

“I’m extremely thankful that my actions yesterday didn’t result in any significant injury to Nolan or any other players,” Alosi said.

DENNIS WASZAK JR. (AP)

## Concussions Up 21 Percent This Year in the NFL


Pro Football

Many more concussions are being reported in the NFL this season, which the league considers evidence that players and teams are taking head injuries more seriously.

According to NFL data obtained by the AP, 154 concussions that happened in practices or games were reported from the start of the pre-season through the eighth week of the 2010 regular season. That is an increase of 21 percent over the 127 concussions through the eighth week of the 2009 season and a 34 percent jump from the 115 reported over the same span in 2008.


Dr. Hunt Batjer — co-chairman of the NFL’s head, neck and spine medical committee — called the numbers “a great sign.” (AP)

**Cowboy’s Bad Choice:** Cowboys running back Tashard Choice had something to take care of before heading to the locker room after a loss to the Eagles. He wanted to get Michael Vick’s autograph on a white glove for his nephew. Choice sent this tweet Monday to appease anyone upset by his action: “If its anybody that cares about winning and the d cowboys its me. I apologize to the people it was just an innocent jesture for my nephew.” (AP)



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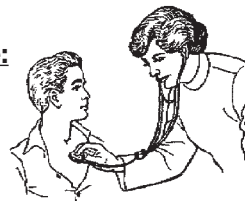
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Sports

After 18 Years, Favre Sits

Shoulder injury ends  
streak of consecutive  
starts at 297 games

Pro Football

Brett Favre's record consecutive starts streak ended at 297 on Monday when he did not suit up for the Minnesota Vikings' game against the New York Giants.

The streak, dating back to 1992, ended because of a right shoulder injury on Minnesota's first series Dec. 5 against Buffalo.

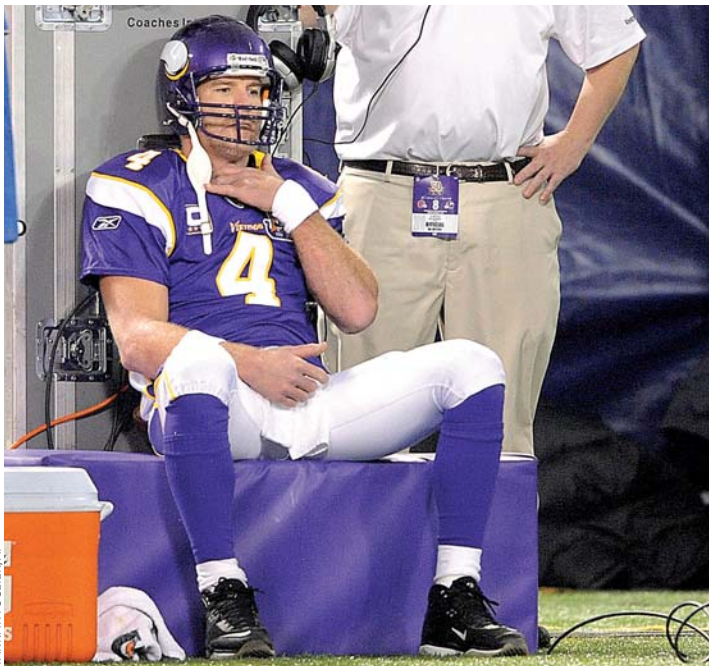
Jeff Anderson, a Vikings spokesman, said the 41-year-old Favre was inactive.

washingtonpost.com

The Vikings-Giants and the Ravens-Texans games ended after Express' deadline on Monday night. For a full recap of both, see | [washingtonpost.com/sports](http://washingtonpost.com/sports)

The Vikings hoped Favre, who has started despite a broken foot and elbow tendinitis this season, could do it again when the Giants game was delayed from Sunday after the Metrodome roof collapsed. That forced the game to be moved to Ford Field, but it was not enough time for Favre to get healthy enough to play.

The quarterback was injured



Brett Favre nurses his shoulder last week. The QB was made inactive Monday night.

when the Bills' Arthur Moats hit him square in the back and sent him to the turf on the third play from scrimmage. The day after, the rookie linebacker said he had mixed emotions about perhaps being the player who ended Favre's streak.

"I don't want to see anybody hurting and not playing anymore. If he plays, that would be a good thing," Moats said. "But if he doesn't, and I was the guy to end the streak, all right. That's a little notable, yeah."

Tarvaris Jackson started for Minnesota, which at 5-7 is a long shot to make the playoffs.

Season No. 20 has been one of Favre's toughest. He's taken a beating on the field and played not only through two fractures in his left foot and elbow tendinitis, but also 10 stitches in his chin and aches in his neck, back and calf before he was crunched by Moats.

Favre has thrown a league-high 18 interceptions and his 69.6 QB rating is 29th in the league.

NOAH TRISTER (AP)

TV Lineup

**WIZARDS (7 P.M., CSN)** A week after losing to the Lakers in Los Angeles, the Wizards host Kobe Bryant and company.

**PRO HOCKEY (7 P.M., VERSUS)** The Pittsburgh Penguins shoot for their 13th-straight win when visiting the Philadelphia Flyers.

**WOMEN'S COLLEGE HOOPS (7 P.M., ESPN)** After defeating Texas, No. 8 Tennessee stays in the Lone Star State to face No. 3 Baylor.

Top Auburn Assistant Staying Put

College Football

Auburn coach Gene Chizik says offensive coordinator Gus Malzahn has received a raise and contract extension. Monday's announcement came amid reports that Malzahn had been offered the Vanderbilt head coaching job.

Chizik did not confirm that the coach had been offered — and turned down — the Vanderbilt position. He also did not release details of Malzahn's new deal.

A person familiar with the situation says Auburn will "more than double" Malzahn's \$500,000 salary. The person spoke with The Associated Press Monday on condition of anonymity because details of the deal were not publicly announced.

University of Maryland offensive coordinator James Franklin has interviewed for the Vanderbilt position twice and could now become the favorite to land the head coaching job. (AP)



# fit



## Guinea Pig | Tinkered 'Bell

No pain, no gain, right? But it shouldn't be the kind that leaves a bruise, which is why Bob Harper's Contour Kettlebells (\$24.99-\$59.99, [Store.gofit.net](http://Store.gofit.net)) might be a better option for exercisers getting into the swing of things. Instead of the typical bowling ball look, these are shaped like rounded cow bells with an indent on each side, so performing cleans won't require bumping your wrist on the weight. If you don't know what a clean is, watch the included (and solid!) 30-minute basics DVD.

# Fonda Takes a Firm Stance

The workout queen wants to help seniors start feeling the burn

## Interview

Even at 72, Jane Fonda has a better body than you. But she didn't come out of retirement to brag. Instead, "Walk Out" and "Fit & Strong" — the first two titles in her new "Primetime" series of exercise DVDs — target seniors who need a push to stay active in order to stave off physical and mental problems. "The worst thing that can happen is people thinking, 'I can't do bicep curls with the weight I used to, so why do it?' It doesn't have to be extreme," says Fonda, who's scaled back but has no intention of giving up.

## Can you tell me about the heart-to-heart you have with viewers at the beginning of each DVD?

This is the kind of thing I wasn't aware of back in the day. There are many women — and men — who become disembodied. They move out and take up residence next door, even if they work out. They just don't like their bodies. It can get worse when you get older. So, I want people to take the time to relax and breathe intentionally, and think about their bodies. They might not be perfect, but they've gotten us this far. It can't be about trying to look how you did when you were in your 20s. It's about being the healthiest, not the most ripped.

## Why target the senior demographic?

It's great if younger people work out. But if they don't, young bodies are forgiving. As we age, it's imperative that we keep moving. Even if you've never done it before,



Jane Fonda shows her exercises using light weights but says they're not a requirement. Water bottles and cans of food also work.

**"I never ever thought I'd go back to [making exercise videos], but no one else wants to admit that they're old."**



Jane Fonda says one of her upcoming DVDs will feature a "more dance-y" workout.

it will transform your third act. I realized I'm an older person. I speak to older people — I've got a replaced hip and a replaced knee. I was the right person. I never ever thought I'd go back to this, but no one else wants to admit that they're old.

## How different is it to create a routine for seniors?

You have to be very careful. I talk about my hip and knee, and I'm not going to do anything to hurt myself. You do a draft choreography and get doctors to vet it. But we also got 18 people to try it out with me. Instead of weights, we started out with rubber bands, but they kept snapping, so we took them out. It had to be something they could do and not scare them. So, we're not lying down, and when we're standing, we're with a chair.



## Do you have a favorite exercise these days?

I like to do an isometric squat against a wall. I put a ball behind my back and stay in the squat for a minute. You can do a squat anywhere.

## What else do you normally do to work out?

It depends on where I am. If I'm in New Mexico, I hike for an hour on a mountain. In the summer, I swim. And I always walk. I also have a gym, and that's where I do everything I write about. I get on an exercise bike for 15 minutes, do elliptical for 15 minutes and lift weights. I haven't done yoga recently because of my knee, but I want to do more of that again, too.

## What about exercise DVDs?

I have a lot of yoga DVDs. I had one I wore out because I used to have everyone do it with me. It's fun to make it a social thing.

## What's it like to know you spawned this whole fitness video industry?

It's just wild. It used to take us months to shoot one, and now directors can do them in a day. For young mothers, it's been a godsend. For people who are self-conscious, it's great. For people who don't have a lot of time, it's great. I didn't think about that at the time. But when I discover something that makes a huge difference for me, I want to share it.

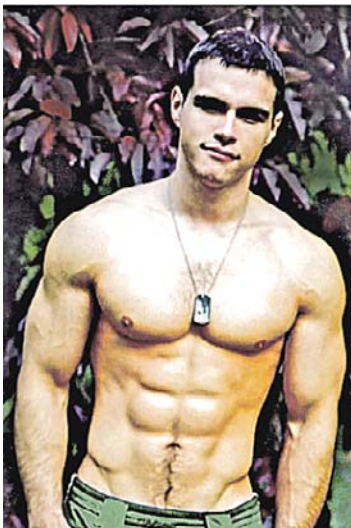
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**Location:**

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# baggagecheck



**Want to Be Her Pal, Not Project**

**Q** A friend of mine seems to pity me about every little thing. I'm single and sort of stressed in my job, and she uses any opportunity to try to set me up on dates or tell me other jobs I should apply for, saying, "Because I know how miserable you are at work." Well, I'm not that miserable; I'm more miserable with her making it seem like I'm a loser! Any way to tell her this without seeming even more pathetic? **ANNOYED IN D.C.**

It could be she has a genuinely incorrect view of your situation: Are you sure you're not complaining more than you realize? ("My job sucks" talk can become addictive.) It could, of course, also be that she has some sort of need to subtly one-up you or make you her project.

Either way, you're best off by protesting in the moment. Anything from "Well, I'm not THAT miserable!" to the more pointed, "You seem to like setting me up more for your purposes than mine" can be a good opener to the conversation.

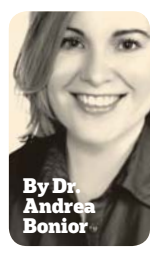
If this is part of a larger theme of her making you feel not-so-great about yourself, though, it's time to reconsider the larger picture of this friendship.

## You're Not the Boss of Me

**Q** My boyfriend and I are falling into a disturbing pattern when it comes to decision-making. I'll express my preference, he'll express his and somehow his always wins. It's never about anything big — yet. But I find myself saying, "I don't care; whatever you want," after awhile, and that's not usually how I am as a person. But when I try to stand up for myself, he doesn't give in and still gets his way. **DISTURBED**

Noticing this now is great, but the key is actually doing something about it, rather than letting it simmer. The next time you have one of these interactions, really try to note what's going on. Granted, things might quickly get weird if you take out the video camera, but the point is for you to figure out where this power discrepancy is coming from and what exactly he's doing to make you relent.

Might you be self-censoring? Might he be steamrolling? Once you identify the pattern, you can try to thwart it by asserting yourself even more, and see how he reacts. If it's not good, it's time for you to get honest about your concerns. Something like, "I sometimes have trouble expressing my full opinion with you" can get the ball rolling. How he responds can inform your decision about whether to stay with him.



**By Dr. Andrea Bonior**

**@** Send your mental health and emotional wellness questions to Andrea Bonior, Ph.D., at [baggage@readexpress.com](mailto:baggage@readexpress.com). This column is not a substitute for one-on-one care.

**Event Horizon  
City Splurge**

Hope you're reading this on your way to Georgetown, where the new City Sports flagship store (at 3338 M St. NW) is opening **THIS** morning at 10. The first 50 folks in line at the athletic apparel and accessories store will snag a gift bag with \$250 worth of goodies and a chance to win one of three \$500 shopping sprees. Afternoon visitors can cross their fingers in hopes of scoring one of the hourly raffle prizes, including North Face jackets.



# Surviving Royal Treatment

'The King's Speech' provides a history of stuttering therapy

## Disorders

Long before King George VI of Britain helped his country unite to fight Hitler, he faced his own battle. The enemy: a new technology called radio. "The King's Speech," opening in D.C. this Friday, depicts the man's struggle with stuttering, an unlikely — but very real — threat to his ability to rule. You already know there's a happy ending, but communication disorder experts are hoping it'll get even happier once the film reaches the masses.

"The bigger picture is how much buzz it's generating regarding stuttering," says Tommie Robinson, president of the American Speech-



Lionel Logue, right, asks the prince to speak into a mic while listening to music.

Language-Hearing Association. It's impossible not to root for the future king (played by Colin Firth) as he samples various therapies of the day, and with the guidance of Lionel Logue (played by Geoffrey

Rush), finally finds his voice.

In one early scene, an expert encourages the prince to attempt to speak with his mouth full of marbles. Expect giggles from the audience, but it's historically accu-

**"The bigger picture is how much buzz it's generating regarding stuttering."**

— TOMMIE ROBINSON, PRESIDENT OF THE AMERICAN SPEECH-LANGUAGE-HEARING ASSOCIATION.

rate. "It was a common treatment at that time. For some people, it did work," says Robinson, although he has absolutely no clue why.

Logue's course of treatment, which included a series of vocal exercises and counseling, is much more likely these days. Robinson notes that breath control and slowing down the rate of speech can also be particularly effective tools.

Viewers may imagine that the prince's problems with disparag-

ing family members were the product of a backward era, but current society isn't much more forgiving. "[People who stutter] are being bullied every day," Robinson adds. And although it's not entirely understood what causes stuttering in the first place — it seems to be either genetic, or develop after a physical or emotional trauma — getting mocked for messing up only makes symptoms worse. The resulting low self-esteem is often compounded by assumptions that the stutterer is less intelligent, even though stuttering indicates nothing of the sort.

These obstacles haven't prevented many stutterers from overcoming their difficulties and having careers in the public eye — and ear. One of Robinson's favorite examples is Joe Biden. Maybe it's time to get going on a sequel: "The Vice President's Speech." VICKY HALLETT (EXPRESS)



## SPECIAL ADVERTISING FEATURE

### THE FINAL PUSH

Everyone is feeling like a winner as the last weigh-in approaches

The pairs have entered the last stage of the challenge, with just a few weeks to go until their final weigh-in. This Saturday is the Fitness Challenge Competition where the challengers will have the chance to earn additional points as they compete in a series of strenuous fitness tests.

In the end, after all the points and weights are tabulated, the top pair will win \$2,000 and one-year memberships to Gold's Gym. Also, the individual challenger with the greatest percentage of weight loss will win a four-day trip to Cancun, Mexico. Despite the fabulous prizes they could win, it's easy to see why all of the challengers are already feeling like winners of a much bigger prize.

### THE COUPLE: ON THE ROAD TO A HAPPY AND HEALTHY FUTURE

Throughout the competition, Jerry and Camille's trainer Christina has stressed to her pupils the importance of making a daily habit of exercising and good nutrition. "Dedication and consistency create a healthy lifestyle," she says, "and help you live life to your full potential."

The couple says they've gotten the message. "We've left our old selves behind," says Jerry. "We've learned that we possess the self-discipline to stick to a plan every day and our lives are better because of it." "I'm so grateful for this experience," says Camille. "And the amazing thing is, this is only the beginning!"

[Like](#) Camille Wright and Jerry Millington Gold's Gym Get Fit Fan Page

\*In the event of no weight loss, or a less than 1% weight gain, contestants receive 0 points. Over 1% weight gain, contestants lose points proportional to their percentage of weight gain.

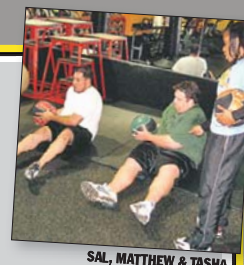
### THE CO-WORKERS: FEELING GOOD!

At the Midtown Gold's Gym, Tasha has been getting Sal and Matthew to focus on how much better they're feeling after 10 weeks. "I want them to appreciate that their new lifestyle is giving them more energy, helping them sleep better, and just making them more fit to engage in everyday life activities."

"This experience has helped me realize how much of an effect an unhealthy lifestyle really has on you," says Sal. "I just can't believe how much better I feel, and how much more self-confidence I have after such a short period of time."



Matthew and Sal's Get Fit Challenge Fan Page



SAL, MATTHEW & TASHA

### THE SISTERS: FIT AND FABULOUS

Abu doesn't need to come up with any parting advice for his pair because the sisters plan to continue working with him after the challenge ends. "Having a personal trainer, and friendly staff at the gym has made a huge difference," says Gina. "We've become part of a family at the Capitol Hill Gold's, and that's made the experience so much more enjoyable."

"I feel like a whole new person," says Joy. "I would tell anyone to just go to the gym. Just go and keep going every day. Don't give up. If I can do it anyone can."



Short and Squat Sisters Fan Page



GINA, ABU & JOY

### FOLLOW AND MOTIVATE THE PAIRS ON FACEBOOK!



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JOY	169	166	-35	
MATTHEW	298	291	-68	65
SAL	204	201	-33	
CAMILLE	186	183	-25	42
JERRY	233	232	-28	

The winners of the 2010 Get Fit Challenge will be announced in Express on JANUARY 18, 2011.

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## fit nutrition

### Recipe File

#### ROASTED CHICKEN AND AUTUMNAL VEGETABLES

**Start to Finish**  
**1 hour, 40 minutes (25 minutes active)**

- Ingredients**
- ▶ 2 fennel bulbs (1 1/2 pounds)
  - ▶ 2 pounds small red potatoes
  - ▶ 1 pound carrots, peeled, halved lengthwise and cut into 2-inch pieces
  - ▶ 2 1/2 tablespoons extra-virgin olive oil, divided
  - ▶ 1 teaspoon kosher salt, divided
  - ▶ 1 teaspoon ground black pepper, divided
  - ▶ 3 heads garlic
  - ▶ 1/2 lemon
  - ▶ 3 medium artichokes (11/2 pounds)
  - ▶ 2 tablespoons capers, rinsed
  - ▶ 2 tablespoons fresh rosemary
  - ▶ 3 3/4 pounds bone-in chicken pieces, skin removed
  - ▶ 1 to 1 1/4 cups reduced-sodium chicken broth

**Makes Eight Servings**

Trim off and discard the tops of the fennel where they meet the bulb. Trim a thin slice off the bottom of each bulb then pull off any outer layers that are discolored. Cut the bulbs lengthwise in half, then into thin wedges.

Transfer the fennel to a large, shallow roasting pan and add the potatoes, carrots and 1 1/2 tablespoons of the olive oil, 1/2 teaspoon of the salt and 1/2 teaspoon of the pepper. Toss to combine. Peel away as much of the papery skins from the garlic heads as possible; slice off and discard the top third of each head. Place the garlic, cut-sides down, among the vegetables. Cover the pan tightly with foil and bake for 30 minutes.

Meanwhile, bring a large pot of water to a boil. Juice the lemon into the pot, then add the lemon half to the water.

With a knife, cut off about 1 inch from the top of each artichoke and trim the end of each stem. Using scis-




sors, cut off the spiky tops of the outer leaves. Cut each artichoke into six wedges. Using a paring knife, scrape out the feathery choke in the center of each wedge. Drop the wedges into the boiling water. Partially cover the pan and cook until just tender, about 12 minutes. Drain and set aside.

On a cutting board, mince the capers and rosemary until they form a paste. Transfer to a small bowl and stir in the remaining 1 tablespoon of the olive oil and the remaining 1/2 teaspoon each of the salt and pepper.

Remove the vegetables from the oven, discarding the foil. Spread the caper mixture on the chicken pieces and then arrange them on top of the vegetables. Pour the chicken broth into the pan and roast, uncovered, for 30 minutes.

Tuck the cooked artichokes into the vegetables in the roasting pan. Baste the chicken with some of the liquid from the bottom of the pan (add more broth if necessary) and continue roasting for another 15 minutes, or until the vegetables are tender and the chicken is cooked all the way through.

Transfer the chicken and vegetables to a serving platter, removing the garlic heads. Cover with foil to keep warm. When the garlic heads are cool enough to handle, about five minutes, squeeze the roasted cloves out of their skins and scatter them over the vegetables and chicken. Serve immediately. (AP)

 **458 calories; 128 calories from fat (28 percent of total calories); 14 g fat (3 g saturated; 0 g trans fats); 170 mg cholesterol; 34 g carbohydrate; 48 g protein; 8 g fiber; 609 mg sodium.**



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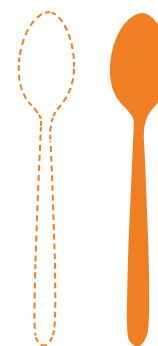
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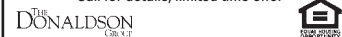
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# lookout



**Cue the Sad Song**  
‘High School Musical’  
sweethearts Zac and  
Vanessa break up **43**

## Sound Bets

### The Long Process Of Weeding Out

**I spent the weekend** moving my music collection from the main floor to the basement of my house. Considering I bought my first LP in 1978 — Kiss’ “Destroyer” — and wrote my first record reviews in 1986 — a roundup featuring Frankie Goes to Hollywood, New Order, Howard

Jones, Easterhouse and Iron Maiden — that’s a lot of crap to haul down to the dungeon.

But I’ve settled on the fact that I listen to music mostly through my MP3

player and my computer, and the stacks of vinyl, CDs and cassettes had become targets for my toddlers to trash rather than listening options.

Now, the long process of weeding out begins. Should I hold on to these indie-pop 7-inches that meant something to me as a 20-something lonely heart, or should I release them into the wilds now that I’m a grown-ass man? Will I listen to this Bulgarian choir disc again — have I ever before? And what in Miles Davis’ name am I doing with all these third-rate jazz CDs?

My basement, coming to a used record store near you.



ASTRID RIECKEN FOR THE WASHINGTON POST

## Cheeky Comedy

Georgetown native  
**Whitney Cummings**  
ascends the ranks  
of cable television’s  
acerbic funny women

### Personalities

**I** don’t know how long you have to be on cable TV before they start bringing you takeout menus,” says Whitney Cummings, prancing around in faux-diva mode before her set in a group comedy tour.

“What, you’re too much of a snob for deli meats?” says fellow comedian Brad Wollack.

“Brad said she’s the hottest thing in L.A.,” offers Cummings’ mother, Patti, backstage at Rams Head Live.

“Oh, my God, Mom, this is so embarrassing,” Cummings brays. Patti takes a sip and shrugs.

Cummings, who was born and raised in Georgetown, and her tour mates are all regulars on E!’s “Chelsea Lately.” In January, Cummings will film a test episode of a show to follow “Chelsea.” She’s done “The Tonight Show” twice this year. She and “Sex and the City” creator Michael Patrick King have written a sitcom pilot that’s awaiting a buyer. She’s hosting MTV’s New Year’s Eve special with the cast of “Jersey Shore.”

She’s written her own pilot for an NBC sitcom tentatively titled “In Between,” starring herself as a woman who’s afraid of marriage. If it’s picked up, she will be one of two female creator-writer-actors in a network sitcom. The other is Tina Fey.

Over the past year, Cummings’ most visible gigs have been on Comedy Central’s roasts. Cummings has stood in front of David Hasselhoff, Joan Rivers and Quentin Tarantino, and incinerated them with flaming barbs.

“A lot of people consider me edgy, and definitely the topics I

**‘There’s not an inverse relationship between funny and pretty.’**

talk about are taboo,” she says. “I’m talking about porn, I’m talking about relationships and sex.”

At 28, she’s the youngest comedian on the “Chelsea Lately” tour but thinks she looks 50. Which makes sense, she says, given all the traveling and the late nights. Someone once asked who did her cheeks.

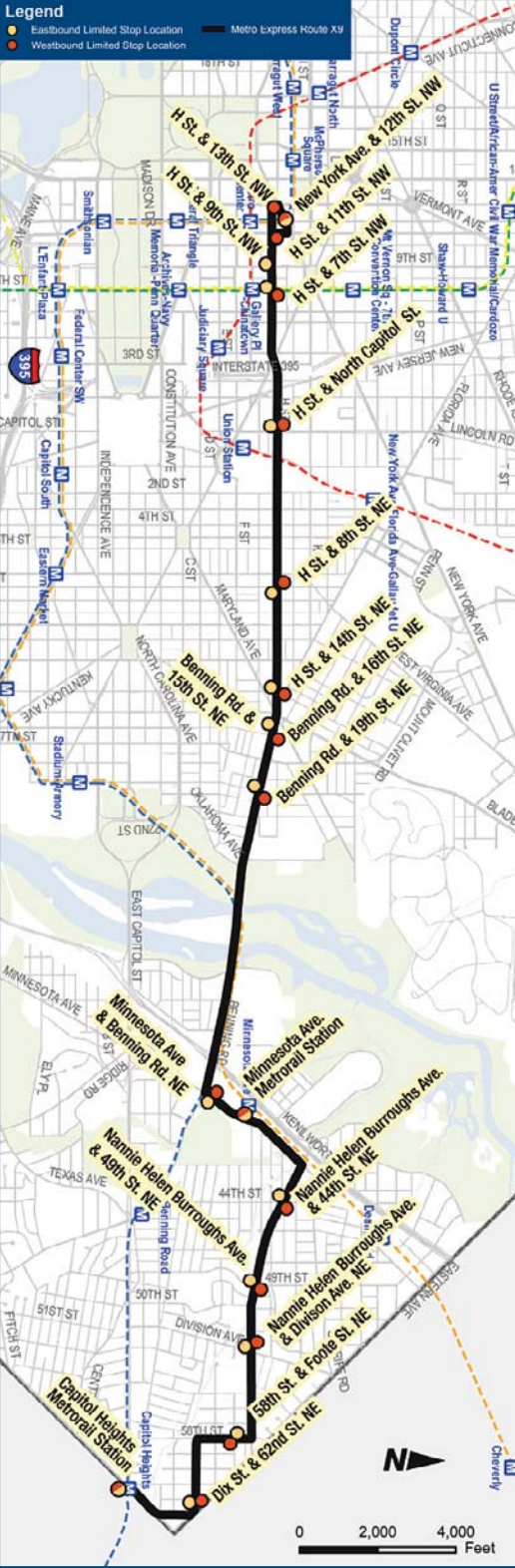
“I was, like, ‘What?’” she says. “If I was gonna get plastic surgery, do you think that’s where I’m gonna start?” She points to her breasts with rehearsed self-pity.

If there’s a stereotype of Georgetown girls, it might be that they are proper to the point of dullness. Cummings does not exactly fit that.

“Women always start dirtier because you try to neuter yourself,” Cummings says of her first stab at stand-up, five years ago. “The dirtier I am, the tougher and less feminine I’m gonna come off. I think I just tried to, like, pass as a guy.” DAN ZAK (THE WASHINGTON POST)



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HELANE SEIDMAN

As "A Piece of Work" reveals, Joan Rivers' insecurities and eccentricities contribute to her talent and unrelenting work ethic.

# Rivers Runs Deep

A documentary lets us peek into the soul of the brash comedian

## DVD Review

"Joan Rivers: A Piece of Work" opens with exactly what you want to see, yet don't want to see: Joan Rivers without makeup. Pre-pancake, the years and the surgeries show. The before-and-after contrast is startling, revealing the vulnerable human and the brash persona she shows the world.

This entertaining documentary, directed by Ricki Stern ("The

### Joan Rivers: A Piece of Work (R)

► **Director:** Anne Sundberg, Ricki Stern

► **Stars:** Joan Rivers, Melissa Rivers, Kathy Griffin, Patrick Alparone, Phyllis Diller

► **Extras:** Deleted scenes, Sundance Q&A's, commentary.

Trials of Darryl Hunt," "The End of America"), plumbs those two sides of Rivers insightfully and incisively, following the comedian through one very eventful year in her life — from small Bronx comedy clubs to the "Apprentice" finale. She scrounges for gigs, begs for work and suffers a particularly nasty Comedy Central roast, all to keep her name in the press.

Her professional perseverance

is mighty, but her insecurities are even mightier. Rivers launches a one-woman show in Edinburgh, but so-so reviews in London discourage her from opening in New York. Pans of her play "Fun City" still rankle — never mind that those reviews ran nearly 40 years ago.

Rivers comes across as deeply human, a woman motivated by anger, desperation and fear. And yet, as "A Piece of Work" proceeds, Rivers' displays of sadness, grief and outrage begin to grow suspicious, as if she's performing them. Is she simply playing the part of an aging celebrity baring her soul in a documentary? Are there so many layers between Joan Rosenberg and Joan Rivers that we'll never know the real woman? That ambiguity is, perhaps, the film's ultimate accomplishment. **STEPHEN M. DEUSNER**

# 'Gift Shop's' Suspect Scenes

## DVD Review

Since "Exit Through the Gift Shop's" theatrical release last year, critics have speculated about the possibility of the entire film's being an especially well-executed hoax by international trickster Banksy himself. The plot is outlandish: Could a rogue filmmaker get access to the most revered underground spray-can wielders

and, later, become a wildly hyped street artist overnight? The beauty of the film is that it doesn't matter: Farce or fact, it's extraordinarily entertaining.

The (faux?) doc follows Thierry Guetta as he films some of the world's most notable street artists — Banksy, Shepard Fairey and even D.C.'s own Borf. Getting a behind-the-scenes look at an art form shrouded in mystery would be thrilling enough, but halfway through the movie, the game changes.

Banksy takes a look at Guetta's unwatchable initial cut of his street art film, and he tells Guetta to spend some time making art on his own while Banksy makes his own cut (ostensibly crafting "Gift



Banksy leaves his creative mark on a wall in "Exit Through the Gift Shop."

### Exit Through the Gift Shop (R)

► **Director:** Banksy

► **Stars:** Banksy, Thierry Guetta

► **Extras:** Deleted scenes and a film about Banksy's "art."

Shop"). Guetta begins wallpapering L.A. as "Mr. Brainwash."

Much to everyone's surprise, Mr. Brainwash creates a frenzy at his very first exhibition. The "it" artist uses a team of graphic designers and sculptors to make all of the actual art he envisions, but rakes in the cash from his products, calling into question the whole process he set out to document. **RYAN LITTLE**

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## 1 Pacific Overtures

After years of a real-life desert war, it's hard to imagine U.S. soldiers cooling their heels on a utopian South Sea island. But in musicals (and WWII), anything can happen — "South Pacific" tackles racism, sexism, death, temptation and large choral numbers with sprightly dancing among nurses and sailors fighting the Axis in the 1940s. **Kennedy Center, 2700 F St. NW; through Jan. 16, \$39-\$150; 202-467-4600. (Foggy Bottom)**

## 2 Best of All Possible Worlds

Little Miss Whiskey's knows how to get people to H Street NE in the dead of winter. As with all respectable whiskey tastings, there's an expert on hand to help you appreciate what the drink does for you, besides make you feel warmer inside. This time, the expert is Rick Wasmund. Yes, of Wasmund's Whiskey. It's a Virginia whiskey, so you can feel good about quaffing local. **Little Miss Whiskey's, 1104 H St. NE; 6 p.m., free; Littlemisswhiskeys.com.**

## 3 Tune Without the Words

Every year, the Folger pays tribute to Emily Dickinson, below, with cake — Dickinson's recipe — and poetry — somebody else's. This year, the verse comes from Lucia Perillo, a prolific modern poet who pulls off the fairly rare trick of writing with wit and humor, and with insight and other poem-y things. **Folger Theater, 201 East Capitol St. SE; 7:30 p.m., \$15; 202-544-4600. (Capitol South)**







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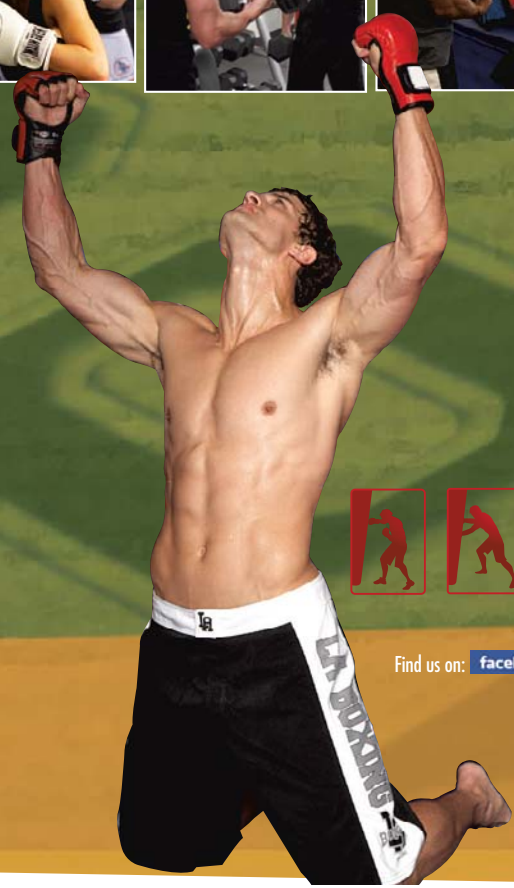
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## TV tonight **lookout**

# Natural Tough Guys

'Born to Rage' reveals how genes can make us prone to violence

### Science

**NAT GEO 10:00** We've all known guys with a short fuse. The special "Explorer: Born to Rage" looks at new research that indicates that our genetic makeup may explain why some folks are mellow and others are prone to sudden, impulsive violence.

Henry Rollins, a member of the hardcore punk band Black Flag, knows a bit about violence. Punk became an outlet for Rollins, who says he has had anger-management issues his entire life. He used to attribute his problems to his parents' divorce and bullying. But per-



One in three men — but not all mixed martial arts fighters — have "warrior genes."

haps there's an explanation that transcends environment.

Back in the 1990s, researchers made a link between a single gene mutation and a proclivity for violence, particularly when coupled with a violent childhood and environment. They labeled the mutation the "warrior gene," and to their

surprise, they discovered that one man in three carried the trait.

Over the course of the hour, Rollins meets with men who agree to be tested for the "warrior" gene. Like Rollins, you'll be surprised to learn who is a carrier and who is not. **KEVIN MCDONOUGH (UNITED FEATURE SYNDICATE)**

### Best Bets

**NBC 8:00**



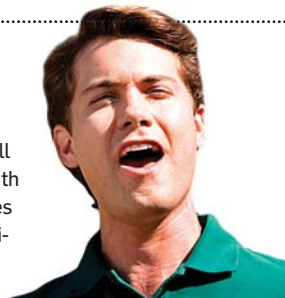
**Minute to Win It** New holiday episodes of the game show continue, hosted by the energetic Guy Fieri, left center. Like the others, it has lots of special surprises, including musical performances and audience prizes.

**A&E 9:30**

**Billy the Exterminator** Think "exterminator," and most of us picture a guy spraying toxic chemicals around to kill bugs. In this new episode, however, Billy needs to find some nonchemical alternatives to take out an infestation of pests in the home of a critically ill family.

**TBS 10:00**

**Glory Daze** The Omega Sigs are brought to the brink of war against the Zeta Rhos over pranks leading up to the competitive intramural flag football tournament, while Joel finds his job with the campus landscaping service makes it even harder to juggle all his responsibilities. Danny Feld, right, also stars.



**CBS 10:00**

**The Good Wife** Alicia and her colleagues rush to get a condemned prisoner a stay of execution after receiving a cryptic tip from a courthouse clerk about the inmate's appeal. Peter is busy, too, getting ready for his first debate. Well-known defense attorney Barry Schick makes a cameo appearance as himself. **(TRIBUNE MEDIA)**

### Season Finale



### The Finish Line

We've arrived at the season finale of "The Biggest Loser" (9 p.m. on NBC). All of this edition's contestants will return for a final chance to weigh in during this special reunion and show viewers how much they have lost since starting their weight-loss journeys. The third finalist, selected by viewers, will be announced, and then the eliminated contestants will weigh in to vie for the \$100,000 at-home prize. Finally, the winner of the \$250,000 grand prize will be announced. Alison Sweeney hosts. **(TM)**



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COMMENTER COMMON KEVIN

"Absolutely. He showed no backbone at all, and that was one of things I thought he would show when I voted for him. He has the executive branch and the Senate covered by Democrats, and he just bends over backwards for the Republicans when he did not have to. A pansy."

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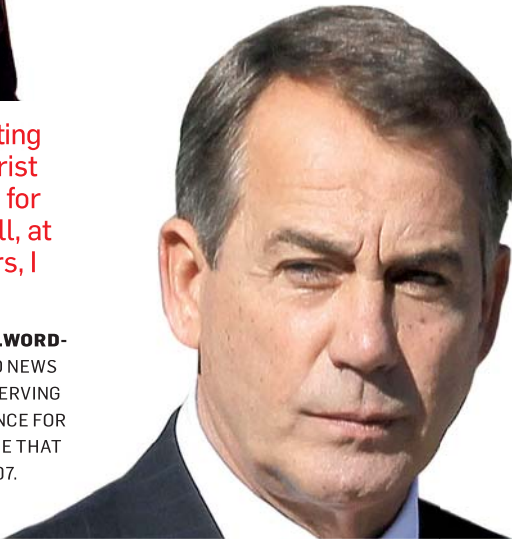
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— NORTH HOLLY HOOD.COM IS HAPPY TO SEE THAT ANTOINE DODSON'S "BED INTRUDER" SONG WAS THE MOST POPULAR NON-MUSIC VIDEO ON YOUTUBE FOR 2010.



"The age of getting a slap on the wrist is officially over for celebrities — well, at least for rappers, I should say."

— STREETKNOWLEDGE.WORDPRESS.COM REACTS TO NEWS THAT JA RULE WILL BE SERVING A TWO-YEAR JAIL SENTENCE FOR A GUN POSSESSION CRIME THAT STEMS BACK TO 2007.



"I still think the CGI usage and blingy outfits are concerning, but Natalie Portman still appears to be good at tight shirts, so that's something. Hopefully, Branagh has a few tricks up his sleeve and this won't suck as hard as I think it might."

— NEXTROUND.NET WAS marginally impressed with the first official trailer for "Thor," due for release next May.

"Someone needs to tell John Boehner to grow the heck up and stop crying in front of every camera thrust in front of him. ... This is now becoming a pattern in which Boehner just lets loose with the waterworks every time he's asked to make a comment on something even tangentially emotional."

— REDSTATE.COM WAS NOT IMPRESSED BY THE NEXT SPEAKER OF THE HOUSE'S APPEARANCE ON "60 MINUTES" ON SUNDAY NIGHT.

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# puzzles lookout

## Horoscope

### SAGITTARIUS (Nov. 22-Dec. 21)

You may have some trouble following instructions to the letter, but some of your improvisations will be preferable.

### CAPRICORN (Dec. 22-Jan. 19)

You may be thrust into a situation that demands the utmost attention from you — and the willingness to learn by doing.

**AQUARIUS (Jan. 20-Feb. 18)** Do not begin to feel that anyone is out to get you, even though one or two people may be looking over your shoulder.

**PISCES (Feb. 19-March 20)** It's most important that you stick to the timetable; any deviations from the schedule are likely to work against you.

### ARIES (March 21-April 19)

Appearances may surprise you; you're expecting one thing and you get another — or do you? Ultimately, the truth is revealed.

**TAURUS (April 20-May 20)** A personnel change may not affect you directly, but you're going to have to make certain adjustments behind the scenes.

**GEMINI (May 21-June 20)** You may be confusing two issues that are not related — and yet the way you see it, they are one and the same. Assumptions work against you.

**CANCER (June 21-July 22)** You may wish that you were somewhere else, doing something else, but soon you'll hit your stride and your attitude will improve.

**LEO (July 23-Aug. 22)** Those who gravitate toward you are likely to want something that only you can give — and yet they may not be willing to give anything back.

**VIRGO (Aug. 23-Sept. 22)** You can use the time to your advantage, even if there is very little to work with. What you do unseen by others is most valuable.

**LIBRA (Sept. 23-Oct. 22)** You may have to indulge in a falsehood for a time in order to come through for a loved one in the end. The end justifies the means.

**SCORPIO (Oct. 23-Nov. 21)** You're likely to run into someone from your past who isn't willing to let bygones be bygones. Take care to avoid any incendiary reactions.

## Scrabble Grams

PAR SCORE 150-160, BEST SCORE 217

A <sub>1</sub>	A <sub>1</sub>	A <sub>1</sub>	N <sub>1</sub>	N <sub>1</sub>	D <sub>2</sub>	B <sub>3</sub>

--

RACK 1

E <sub>1</sub>	O <sub>1</sub>	U <sub>1</sub>	H <sub>4</sub>	R <sub>1</sub>	C <sub>3</sub>	V <sub>4</sub>

Double  
Word Score

--

RACK 2

A <sub>1</sub>	E <sub>1</sub>	E <sub>1</sub>	I <sub>1</sub>	R <sub>1</sub>	W <sub>4</sub>	B <sub>3</sub>

--

RACK 3

E <sub>1</sub>	E <sub>1</sub>	A <sub>1</sub>	V <sub>4</sub>	M <sub>3</sub>	C <sub>3</sub>	N <sub>1</sub>

2nd Letter  
Triple

--

RACK 4

### Yesterday's Solution

F <sub>4</sub>	R <sub>1</sub>	E <sub>1</sub>	C <sub>3</sub>	K <sub>5</sub>	L <sub>1</sub>	E <sub>1</sub>
C <sub>3</sub>	R <sub>1</sub>	O <sub>1</sub>	W <sub>4</sub>	B <sub>3</sub>	A <sub>1</sub>	R <sub>1</sub>
I <sub>1</sub>	D <sub>2</sub>	Y <sub>4</sub>	L <sub>1</sub>	L <sub>1</sub>	I <sub>1</sub>	C <sub>3</sub>
R <sub>1</sub>	E <sub>1</sub>	C <sub>3</sub>	E <sub>1</sub>	I <sub>1</sub>	P <sub>3</sub>	T <sub>1</sub>

RACK 1 = **66**  
RACK 2 = **92**  
RACK 3 = **64**  
RACK 4 = **61**  
TOTAL **283**

### FOUR RACK TOTAL

Make a 2-7 letter word from the letters in each row. Add points of each word using scoring directions at right. 7-letter words get a 50-point bonus. Blank tiles used as any letter have no point value. Scrabble is a trademark of Hasbro in the U.S. and Canada.

## Sudoku

MEDIUM

	7	3		8			9	
				5				8
	4	8			9			
	2			9				
8			2		1			4
				7			6	
			9			5	4	
7					2			
	6			4		7	3	

### Yesterday's Solution

2	7	3	8	9	6	1	5	4
4	5	6	1	7	2	9	3	8
1	8	9	5	3	4	7	6	2
6	4	8	7	2	1	3	9	5
5	3	1	9	6	8	2	4	7
9	2	7	3	4	5	6	8	1
3	9	2	4	8	7	5	1	6
7	1	4	6	5	3	8	2	9
8	6	5	2	1	9	4	7	3

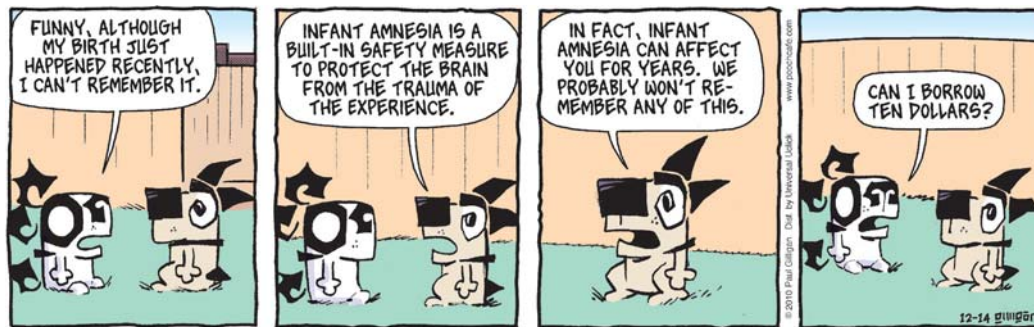
**Need more Sudoku?**  
Find another puzzle in the Comics section of The Post every Sunday and in the Style section Monday through Saturday.

© PUZZLES BY PAPPOCOM

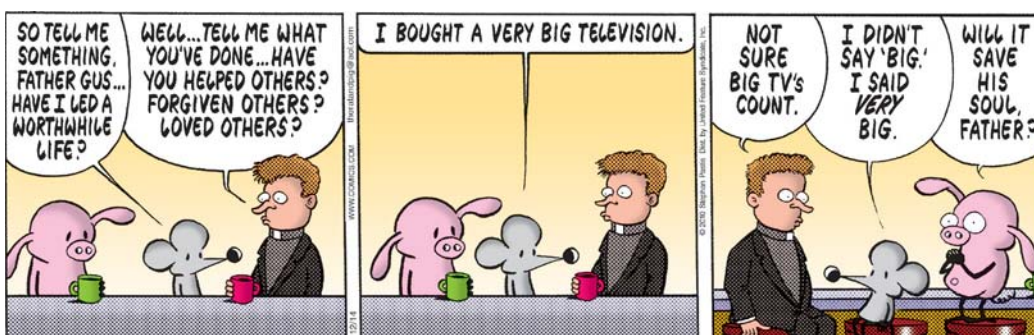
## Comics

FIND MORE COMICS AT EXPRESSNIGHTOUT.COM

### POOCH CAFE | PAUL GILLIGAN



### PEARLS BEFORE SWINE | STEPHAN PASTIS



## Forecast

**32 | 19**

**Today:** Windy and cold today with times of sun and clouds. Windy tonight.

**33 | 21**

**Tomorrow:** Partly sunny, breezy and cold tomorrow. Clear tomorrow night.

### Looking Ahead

**THU** **37 | 27** **FRI** **41 | 29** **SAT** **39 | 30**

### Sun and Moon

Sunrise today: 7:19 a.m.  
Sunset today: 4:47 p.m.  
Moonrise today: 12:23 p.m.  
Moonset today: 12:40 a.m.

### Almanac

Normal high: 48  
Record high: 71  
Normal low: 33  
Record low: 11

FORECAST BY ACCUWEATHER.COM ©2009

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invites all Catholics active and inactive to

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# lookout puzzles

## Crossword

### RANK AND FILE

### ACROSS

- 1 Roadies carry them
- 5 Cloth quantity
- 9 Sultan's group
- 14 "Will Be," in a Doris Day song
- 15 Ammonia has a strong one
- 16 "Astro Boy" genre
- 17 Goldie Hawn movie
- 20 Tribal advisers, typically
- 21 Artist Yoko
- 22 Tennis do-overs
- 23 Born, in an announcement
- 24 It had an Ambassadors Club
- 26 Like a meadow in the morning
- 28 Epic tale
- 30 In a sluggish way
- 34 One who cries foul
- 37 Lake Nasser filler
- 39 Glass-polishing compound
- 40 Beetle Bailey's boss
- 44 Baby bird?
- 45 \_\_\_\_ bat for (support)
- 46 Take to court
- 47 Use, as coupons
- 49 Splinter group
- 51 Cheese tray choice
- 53 Letter after pi
- 54 Rock blaster
- 57 Part of
- 60 Baby's first word, maybe
- 62 Last leg of a relay
- 64 Children's TV series, 1955-1984
- 67 Distinct variety of a species
- 68 Post-shower sprinkle
- 69 Penitential period
- 70 Mimicking birds
- 71 Extravagant publicity
- 72 Peggy and Spike

### DOWN

- 1 Ritz ski resort
- 2 Country artist Haggard
- 3 Hard thing to swallow
- 4 Build up interest?

1	2	3	4		5	6	7	8		9	10	11	12	13
14					15					16				
17					18					19				
20							21				22			
23					24		25		26		27			
					28			29		30		31	32	33
34	35	36				37			38		39			
40				41	42					43				
44							45						46	
47						48		49			50			
					51			52		53			54	55
57	58	59				60		61		62		63		
64					65				66					
67							68					69		
70							71					72		

EDITED BY TIMOTHY E. PARKER

- 5 Its capital is Gaborone
- 6 Poem of praise
- 7 "Rio \_\_\_\_" (John Wayne film)
- 8 Current fashion
- 9 Pilgrimage to Mecca
- 10 One who examines
- 11 "The \_\_\_\_ of the Ancient Mariner"
- 12 Put out
- 13 Division of college athletics
- 18 Fine and liberal
- 19 He's a real Coward
- 25 Getting ripe
- 27 City on the Brazos River
- 29 Choir section
- 31 Makes angry
- 32 In \_\_\_\_ of (as a replacement for)
- 33 Harvard foe
- 34 Warsaw Pact nation
- 35 Parcel (out)
- 36 Shock deliverer
- 38 Oil of wintergreen is one
- 41 Chinese drink
- 42 Made (out)
- 43 "Out of the question"
- 48 Star followers
- 50 Asian secret society
- 52 It lasts for weeks
- 54 Scores in sixty
- 55 "There's \_\_\_\_ here but us ..."
- 56 Runs easily
- 57 Minuteman III or Peacekeeper
- 58 Not any, country-style
- 59 Word with "house"

- 61 Just so-so
- 63 Cellular response?
- 65 Pages that aren't editorial matter
- 66 Chalet backdrop

### Yesterday's Solution

1	2	3	4	5	6	7	8	9	10	11	12	13
B	A	L	D	E	A	S	E	S	H	O	A	T
O	L	I	O	N	U	T	S	P	A	R	C	H
P	E	R	F	E	C	T	A	S	O	M	A	H
S	E	A	F	L	O	O	R	P	O	L	L	E
A	D	S	F	O	R	E						
S	A	R	A	P	E	M	I	L	T	R	A	P
A	R	I	L	S	E	M	A	N	Y	A	B	O
P	E	P	P	E	R	O	N	I	P	Z	Z	A
O	N	E	T	O	T	I	S	N	O	O	S	E
R	A	N	T	B	E	A	S	T	O	R	E	D
A	D	I	T	I	T	H	O					
V	E	R	M	I	N	B	O	O	T	C	A	M
A	D	A	P	T	P	E	R	F	O	R	M	A
N	A	V	E	S	A	S	I	A	I	B	I	S
E	M	E	R	Y	S	T	I	R	B	O	L	T

## Today in History

**1911** Norwegian explorer Roald Amundsen and his group become the first men to reach the South Pole, beating out an expedition led by Robert F. Scott.

**2000** The FTC approves the AOL-Time Warner merger.

**2005** President Bush defends his decision to wage the Iraq war, even as he acknowledges "much of the intelligence turned out to be wrong."

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## LEGALITY

**Next: Anthems About Paying Bills, Mowing Lawn**

Monday was Taylor Swift's 21st birthday. The country star told *Us Weekly* that she hoped for a Christmas-themed birthday because she loves both Christmas and her birthday. Swift, who is said to be dating 29-year-old actor Jake Gyllenhaal, says she has "never felt the need" to drink alcohol, but that she is looking forward to going to bars and clubs open only to those age 21 and older. (EXPRESS)



## EPIDEMICS

**If They Would Stop Kissing, This Wouldn't Be a Problem**

The hit show "Glee" has halted production after several members of the cast came down with tonsillitis. Though the identities of the infected have not been revealed, Dianna Agron, who plays cheerleader Quinn Fabray, posted on Twitter that she was sick in bed. A source told *E!* Online that both Agron and co-star Kevin McHale, who plays Artie, had been ill. (EXPRESS)



Kevin McHale and Dianna Agron, of "Glee," apparently have tonsillitis.

## Anthropology

**Ryder Keeping Print Media Afloat**

Winona Ryder, 39, doesn't use the Internet, according to an interview she gave *Elle* magazine. Though she admits to reading e-mail on a BlackBerry, she denies ever having read a blog or using an iPad (though she does own one). "Apparently, you can find out everything on it," Ryder said of this mysterious World Wide Web. (EXPRESS)



KEVIN WINTERGETTY

## HEARTBREAK

**Cue the Dueling Solo CDs**

Zac Efron and Vanessa Hudgens, the Disney teens who were catapulted to superstardom by "High School Musical" and its myriad sequels, have ended their three-year relationship. According to sources who spoke to *People Magazine*, it is an amicable break-up, and the two remain friends. The couple met at their audition for "High School Musical," in which they played star-crossed teenagers who fell in love while singing together in their school drama club, despite all obstacles. (EXPRESS)



## POPULATION EXPLOSION

**Angelic Blond Child's First Words to be 'World Peace'**

Former Miss California and expectant mother Carrie Prejean has announced her child, who will be born in May, is a boy. Her husband, Kyle Boller, is the quarterback for the Oakland Raiders. Prejean gained notoriety last year when she expressed a moral opposition to same-sex marriage in America during the 2009 Miss USA pageant, in which she eventually became the first runner-up. (EXPRESS)

**"Why would you pretend to be homeless? I just don't get the concept."**



— KATE GOSSSELIN, WHO WENT CAMPING WITH THE PALIN FAMILY ON THE TLC SHOW "SARAH PALIN'S ALASKA" AND REPORTEDLY DISLIKED THE EXPERIENCE.

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